

Reinventing Yourself for Life: Becoming the Difference Maker

December 2022

Where I Currently Am _____



DATE: _____

1. Are you currently being the person you want to be? Can you honestly say that you've been performing at your absolute best, or is there another level there? Be extremely honest with yourself.

2. Describe what current standards, and habits, got you here. Are your standards and habits currently at a level that allow you to be successful? Be extremely honest with yourself.

Creating Your Vision



MOLLITEUM

1. Raise your standards! Who do you want to be in your life's work? What kind of impact do you want to have? What do you want to be remembered for? Describe your vision. I am someone who...

Creating Your Identity _____



I AM: _____

The new standards that I live by are...

Standard 1: _____

Standard 2: _____

Standard 3: _____

My Daily Systems



| Activity | Time | Location |
|-----------------------|------|----------|
| Go to sleep | | |
| Wake up | | |
| Review my vision | | |
| Review my purpose | | |
| Review my new beliefs | | |
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Removing Your Limiting Beliefs —



- 1. What belief is holding me back from being who I must be?**
- 2. Where did this belief first start? When can you first remember developing this belief? Was it past experiences? Was it information obtained? Was it something you visualized?**
- 3. Dismantle it. How is this belief ridiculous or absurd? Was the person I learned this belief from worth modelling in this area? What will it ultimately cost me if I don't let go of this belief?**
- 4. Create your new belief; what is the antithesis? What is the truth of what truly serves you? What is the opposite belief? How can you turn the negative into the positive?**